



## **Nebraska Shrine Bowl Covid 19 policies and procedures for July 6-11, 2020**

These policies and procedures have been developed to protect the players, coaches, support staff and spectators during the week of practice and the game. The Shrine staff will comply with these procedures and other guidelines directed by the State of Nebraska and Two Rivers Health Department. As we move closer to the week of practice and game, we understand that there can be changes made to the restrictions by either the State of Nebraska or Two Rivers.

These procedures will be distributed to the parents and players (in email format) to inform them on what we will be executing to protect the safety and health of each participant. We will allow them to comment on the procedures to make sure we are covering all of their concerns.

### **Parents/Players Responsibilities:**

1. On July 1st, start daily monitoring of their son's health (including temperature monitoring) up to the time of arrival in Kearney. Alert the Shrine staff if any symptoms develop before arrival. (Shrine Bowl office 402-477-8908, Ronell 402-310-9295 or Dave 402-681-4860). Parents to bring completed monitoring data to camp and share with staff prior to check-in. Parents will be asked 3 or more common questions about their son's health prior to arrival.
  1. Have you come into close contact (within 6 feet) with someone who has a laboratory confirmed COVID – 19 diagnosis in the past 14 days?
  2. Do you have any of the following: fever or chills, cough, shortness of breath or difficulty breathing, body aches, headache, new loss of taste or smell, sore throat?
  3. Have you or they traveled outside the state of Nebraska within the last 14 days?
2. Ensure that their son has the ability to separate dirty laundry in the dorm room (laundry bags or trash bags) to increase sanitation. Instruct their son to keep all personal items separated from his roommate.
3. Provide hand sanitizer (2oz or larger) for their son's personal use during camp.
4. Provide at minimum two (2) water bottles for personal use, 1 for dorm and one for practice facility. Prefer four (4) bottles for best.
5. Parents availability to pick up their son within 24 hours if symptoms occur, are identified and/or they require quarantine.
6. Waiver signed by the parents that we are not held liable if they do contract Covid-19.

### **NSB Staff Responsibilities:**

1. Upon arrival, temperatures will be taken. Each day thereafter, am and pm temps will be taken and monitored. Will ask players daily if anyone feels ill and look for symptoms.
2. Face coverings will be provided if the player does not have his own to be used in non-practice times.

3. Social distancing requirements enforced in all areas other than practices/game. Coaches will assist in social distancing with non-practice situations in adherence with Two Rivers recommendations in July.
4. During practices, coaches will keep players separated as much as possible (by positions or offense/defense) other than "team" work as a whole.
5. Coaches will assist in sanitation in the dorm areas and will be provided the proper PPE's to execute those responsibilities.
6. Will provide a quarantine room if a player develops a fever or other illness symptoms. To be used until parents arrive to take player home.
7. Will inform UNK housing authorities of players condition and the use of the room.
8. Will provide the disinfecting and PPE supplies for use in the dorm, locker rooms, equipment, etc.
9. Hand sanitizer will be provided for the common areas for each team (dorm and locker room) as well as providing individual bottles (2oz) for each player's personal use upon check in.

#### **Medical Staff Responsibilities During Camp:**

1. Oversee with temperature monitoring.
2. Monitor the use of PPE's by players and staff within the social distancing requirements.
3. Monitor the sanitation of busses, locker rooms, equipment and other areas to be determined.
4. Will wear PPE's when working directly with the players (within social distancing requirements) on pre practice/game preparation and injury care.
5. Will wear PPE's when preparing hydration stations and delivering H<sub>2</sub>O to the players in their own personal water bottles. Will sanitize all H<sub>2</sub>O equipment after each practice.
6. If a player develops symptoms, will transport to our medical facility for evaluation and testing (Dr. Brad Rodgers at Dr. Brad Rodgers Family Practice and Sports Medicine, 3500 Central Ave STE A, Kearney NE 68847, 308-237-2273).
7. Will contact parents to inform and require that they provide transportation home at their earliest time but within 24 hours.

#### **Game Day:**

1. Staff will be provided appropriate PPE's
2. Temps of fans will be taken upon entering the stadium.
3. Attendees will be "family only" (10 people per player) and will adhere to social distancing based on current guidelines unless they live in the same household.
  - a. Or any current health directive from the State of Nebraska and/or Two Rivers
4. Public Address announcements will be made on a regular basis to assist in this process.

The Shrine Bowl of Nebraska worked in collaboration with two athletic trainers, Kurt Berhorst with New West in Kearney and David Regier, our Director of Sports Medicine, as well as two physicians, Dr Nolan May of New West and Dr. Brad Rodgers with Dr. Brad Rodgers Family Practice and Sports Medicine in Kearney to develop these procedures/protocols. Their input was vital to us in putting this together and ensuring we covered the needed protocols to keep our event as safe and healthy an environment as possible.

Thank you,

Dr. Nolan May, M.D. – New West Sports Medicine & Orthopaedic Surgery

Dr. Brad Rodgers, M.D. – Dr. Brad Rogers Family Practice and Sports Medicine

Kurt Berhorst, ATC – New West Sports Medicine & Orthopaedic Surgery

David Regier, ATC MA – Director of Sports Medicine for the College East/West Shrine Bowl and Shrine Bowl of Nebraska

Dave MacDonald, Executive Director, Shrine Bowl of Nebraska